

SHARE the word

Breastfeeding parents should never be asked to “cover up” or move to a more “discreet” area.

They need encouragement, recognition and reassurance. Offer a comfortable seat and a positive comment—your smile can make all the difference!



simcoe
muskoka
DISTRICT HEALTH UNIT

Thank you for breastfeeding in public!

**You are helping to
encourage other parents
to do the same.**

**If you are confronted, let them know
you are protected to breastfeed
in all public places by the
Ontario Human Rights Code.**

Or, simply give them this card.

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